

PE long Term Curriculum Plan

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Indoor/ Outdoor	Dance	Gymnastics	Ball skills	Running, jumping, throwing	Gymnastics	Team games
Year 1	Indoor	Dance	Gymnastics	Dance	Gymnastics	Invasion games	Team games
	Outdoor	Throwing & catching a ball	Striking & hitting a ball	Kicking a ball	Travelling with a ball	Attacking & Defending	Athletics
Year 2	Indoor	Gymnastics	Dance	Gymnastics	Bat & Ball	Dance	Cricket
	Outdoor	Throwing & catching a ball	Handball	Football	Invasion games	Circuit training	Athletics
Year 3	Indoor	Gymnastics	Dance	Gymnastics	Dance	Athletics	Circuit training
	Outdoor	Football	Handball	Tag rugby	Basketball	Tennis	Cricket
Year 4	Indoor	Gymnastics	Circuit training	Gymnastics	Dance	Athletics	Dance
	Outdoor	Football	Netball	Tag rugby	Basketball	Tennis	Cricket
Year 5	Indoor	Gymnastics	Orienteering	Swimming	Swimming	Athletics	Gymnastics
	Outdoor	Football	Netball	Tag rugby	Dance	Tennis	Cricket
Year 6	Indoor	Swimming	Swimming	Dance	Gymnastics	Tennis	Rounders
	Outdoor	Football	Netball	Tag rugby	Orienteering	Athletics	Cricket